

How can you be more successful?
Have more confidence? Feel happier?

DRESS FOR SUCCESS Master Classes

“Confidence is the life force that turns thoughts into action...”



My DRESS FOR SUCCESS master classes have been designed for **female entrepreneurs/professional women** who struggle with success in any area of their lives or is finding it hard to balance doing and being. The programme will help you be happier, more confident and enable you to live your best life.

2 master classes per month

8 people maximum

Tuesdays 10-11:30
Wednesdays 15:30-17:00
Saturdays 10-11:30

BASIC PACKAGE

R750/month (debit order)
R4 200 (single payment)
BONUS: 1 x 60 min face 2 face success breakthrough session

GOLD PACKAGE

R1 210/month (debit order)
R6 860 (single payment)
4 x 60 min face2face coaching sessions
BONUS: 1 x 60 min face 2 face “success breakthrough” session

	Description	Benefits
Month 1 and 2 Dare to be you	Discover what is holding you back Discover how to be confident in all areas	Feel more confident, more often
Month 3 The Rebel Within	Embrace inevitable changes Break self-limiting patterns Outsmart your inner saboteur	Reclaim control of your life
Month 4 and 5 Balancing Doing and Being	Manage your time to suit you Manage stress	Minimise stress Add more time to your day Be happier
Month 6- Stepping into Possibility	More focus Greater clarity	Live with greater sense of purpose and ease Develop healthy habits

Contact

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